

# 'Round the Family Dinner Table

## RULE IDEAS:

- Use good manners
- No cell phones/other electronic device
- If you choose to talk/do about things that are unpleasant at the table, you may be sent to the bathroom instead where those things belong.
- No loud music/tv in the background
- Make sure each person gets some time to say something and everyone has a chance to do some listening
- This is family time. Period.

## TEACH WITHOUT PREP:

Manners	Gratitude
Interacting with others with consideration	Working together
Taking time for what's important	What is happening in family member's lives
Having fun together	Things we believe in
Health	Cleanliness

## ACTIVITY IDEAS:

Pre-designated conversation starters	Extreme good manner meals
Cooking—not just for Mom	Crazy mixed up dinner
Do NOT eat at the table on occasion	New foods
Foreign country meal night	More...

## GAME IDEAS:

GAME	LEARNING POSSIBILITIES	GAME	LEARNING POSSIBILITIES
Dinner Table Bingo	Reading/listening	Alliteration Speech	Alliteration/speaking
Pass a Face	Creativity/Unity/Fun	20 Questions	Logic/reasoning
Sound Effects	Fun/exploring	Begin with the End	Spelling/categorizing
Can You Do This?	Creativity/exploring	Story Dice	Creativity/writing
One Word Game	Quick think/word agreemt	Going on a Picnic	Memory/alphabetizing
Who or What Am I?	Reasoning/fun	Good News, Bad News	Creativity/writing
Animal/Mineral/Vegetable	Science/reasoning	Well I Never	Remembering/challenges
Two True, One False	Creativity/remembering	Less Than Two Syllables	Quick thinking/speaking
Forbidden Word	Awareness/creativity	Don't Laugh	Standing firm
Imagine That	Invention/creativity	Don't Repeat It Speech	Speaking/quick thinking
This is a Fork	Silliness/keeping track	I Spy	Awareness/logic

*"Let us make our kitchens creative centers from which emanate some of the most delightful of all home experiences."*

Barbara B. Smith