

Journal Question Ideas

What are some family sayings? Write it down and where it came from, if you know.

What blessings have you received in the last two or three days?

What did you study about in your scriptures today or yesterday?

To where would you like to travel and why?

If you were in an emergency situation right now, what non-family person would you be most likely to contact and why?

What is something fun you did with a family member in the past week?

Describe your dream house/car

What is the dumbest thing you can think of you have ever done? What did you learn from it?

What is something you are very proud to have accomplished? How did it challenge you?

In what ways does your family celebrate any given holiday? Explain details.

What are some big news stories that have happened this month? How do they affect you personally?

Describe your personality.

Who is the oldest person you know and what have you learned from that person?

What are some ways in which you like to serve?

How do you feel about pets? Why? Do you have pets? Describe them.

What does your night-time routine look like?

Describe your best friend and why he/she is your best friend.

Write a paragraph or two about your favorites—movies, books, foods, colors, artist, music, animals, jobs, etc.

What do you like to have happen when you are not feeling well?

What would “the best day ever” look like to you?

If you were able to fix one problem in the world, what would it be and why would you fix it?

Brainstorm 12 interesting things you could do with:

Needle and thread	A sheet of paper	A bag of cotton balls
Popcorn	A ball	Hammer and nails and a 2X4
Lint	Feathers	Strawberries