

The Road to Emmaus

SONG IDEAS:

- Precious Savior, Dear Redeemer [#103](#)
- Abide with Me [#166](#)
- Abide with Me; Tis Eventide [#165](#)
- A Child's Prayer [#12](#) (Children's Songbook)
- I Feel My Savior's Love [#74](#)
- If the Savior Stood Beside Me [Video](#)

THE SCRIPTURE STORY:

- Read this story in ([Luke 24](#))
- For Young Children...
 - Video of the story: <https://www.mormonchannel.org/watch/series/bible-videos/christ-appears-on-the-road-to-emmaus>

LESSON(S) FOUND IN THIS SCRIPTURE STORY:

- Always we should reflect back on things we have felt. We should ponder because we don't always understand things right away or even while it is happening. We should be trying to learn and discern truths. Sometimes we sense things that are familiar, but it isn't until we go back and remember or read about our experience that we have written down that we have our "eyes opened" to what had really happened.
- Henry B. Eyring April 2018 General Conference, Sunday Morning Session -- https://www.lds.org/general-conference/2018/04/media/session_4_talk_9/5761860617001?lang=eng (6:09-9:30)
- Sometimes we just don't get it. The Lord is with us all along but we don't always have our eyes open to this fact.
 - Verse 15 shows the two men trying to figure things out. They were talking and reasoning together.
 - Verse 21 says, "we trusted that it had been He which should have redeemed Israel". Do we ever say or think, "This didn't turn out how I thought it should."
 - Verse 23-24 --are we slow to believe even with evidence sometimes?
 - Verse 25-27 --As Jesus teaches them, they start to feel stirrings of comfort and don't want Him to leave.

- Verse 32—After Jesus is gone away from them, they finally realize why they felt as they felt. “Did not our hearts burn within us?” Have we done this before where we have to look back before we recognize what had been happening and that the Savior really was with us all along?

A MODERN DAY STORY:

See President Eyring’s story about Abide With Me Tis Eventide. ([same video](#))

Here is a great story about a woman who learned that the Savior really was with her all along when she had been feeling abandoned by God. <https://www.lds.org/general-conference/2013/10/we-never-walk-alone?lang=eng> (9:06-14:39)

LIKEN IT TO US:

- In the past
 - When did I last feel the Savior near?
 - When I asked this question to my family while giving the lesson, the 10 year old said, “About 2 seconds ago” and the 15 year old agreed. (We had just finished watching the loaf of bread story).
 - After General Conference Priesthood Session (2018) Dad felt prompted to talk to his sons about giving priesthood blessings and following the Spirit while doing so. The Spirit was strong in the room and Dad and the ten year old wound up in tears as they were feeling of this.
 - Mom remembers when she went to the Washington DC temple when she was about 9 years old. She was able to kneel alongside her siblings and mother and father, with baby brother in the middle. There was a feeling of peace in that room. Families are forever. This is a good memory to reflect on when she has a tough day and isn’t thinking in terms of eternity.
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- In the future
 - When we are confused about something, talk to someone else and see if together it can be figured out...just like the two on the Road to Emmaus were trying to figure things out. They were willing to learn, they just needed to begin somewhere. So they began. And they did learn.
 - Write down our thoughts and feelings when we know we are feeling something so that we won’t be quick to forget.
 - Look over your day and see what miracles happened before you go to sleep at night.
 - Issue to ourselves scripture reading, prayer, journal writing or other types of challenges that can help us feel the Savior near and to remember them when we do have them.
 - Share spiritual experiences with each other more often. Talk to each other so that we can all be uplifted by things we have felt and learned.

- Ponder memories
- Sing songs like “I am a Child of God” or “A Child’s Prayer”
- Look for service opportunities
- If you catch yourself thinking you are alone, think, “FALSE!”